October 1st- October 5th 2018



MTO Deli Panini Salads Grilled Cheese MTO Deli Panini Salads Grilled Cheese MTO Deli Panini Salads Grilled Cheese MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese



Cheese Pizza Pepperoni Pizza White Pizza Featured Item: Shrimp Popper Basket w/ Breadstick

White Pizza

Cheese Pizza Pepperoni Pizza Featured Item: Boneless Wings

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: White
Cheese, Sausage & Herb

White Pizza

Cheese Pizza Pepperoni Pizza Featured Item: Quesadilla

Buffalo Chicken Pizza

Cheese Pizza Pepperoni Pizza White Pizza Featured Item: Boneless Wings



Grilled Cheese w/ Soup

Beef Burger Chicken Nuggets/Roll Breaded/Spicy Chicken Patty

Gyro Sandwich

Beef Burger Bacon Cheeseburger Chicken Nuggets/Roll Breaded Chicken Patty

Farm House Chicken Sandwich

Beef Burger Chicken Nuggets/Roll Breaded/Spicy Chicken Patty

Meatball Sub

Beef Burger Chicken Nuggets/Roll Grilled Chicken Sandwich Breaded Chicken Patty

Chicken Tenders w/ Rice

Beef Burger Chicken Nuggets/Roll Hot Dog Breaded Chicken Patty

Main Course **Double Dog Bar**

Asian Fusion Bar

Nachos Bar

Pittsburgh Pierogi and Sandwich Bar

Pasta Bar



Tater Tots Sliced Carrots French Fries

Green Peas

Tater TotsPinto Beans

French Fries

Cauliflower

Hash Brown

Steamed Broccoli

Take

3

Fresh Fruit & Vegetables

Side Salad Baby Carrots Broccoli Florets Diced Peaches Fresh Fruit & Vegetables

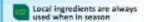
Side Salad Snap Peas Red Pepper Strips Applesauce Fresh Fruit & Vegetables

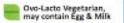
Side Salad Baby Carrots Cucumbers Grapes/Watermelon Fresh Fruit & Vegetables

Side Salad Celery Sticks Grape Tomatoes Pineapple Tidbits Fresh Fruit & Vegetables

Side Salad Baby Carrots Cucumbers Fresh Kiwi/Mandarin Oranges

Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads





High School Lunch Menu October 8th- October 12th 2018



MTO Deli Panini Salads **Grilled Cheese** MTO Deli Panini Salads **Grilled Cheese** MTO Deli Panini Salads **Grilled Cheese** MTO Deli Panini Salads **Grilled Cheese**

MTO Deli Panini Salads **Grilled Cheese**



Buffalo Chicken Pizza

Cheese Pizza Pepperoni Pizza White Pizza Featured Item: Deep Dish

White Pizza

Cheese Pizza Pepperoni Pizza Featured Item: Boneless Wings

White Pizza

Cheese Pizza Pepperoni Pizza Featured Item: Ranch Chicken Club Pizza

White Pizza

Cheese Pizza Pepperoni Pizza Featured Item: Meatball Calzone

Buffalo Chicken Pizza

Cheese Pizza Pepperoni Pizza White Pizza Featured Item: Boneless



Breaded Drumstick

Beef Burger Chicken Nuggets/Roll Breaded/Spicy Chicken

Cheese Pizza Sticks

Beef Burger Bacon Cheeseburger Chicken Nuggets/Roll **Breaded Chicken**

Buffalo Chicken Flatbread

Beef Burger Chicken Nuggets/Roll Breaded/Spicy Chicken Patty

Walking Taco

Beef Burger Chicken Nuggets/Roll Grilled Chicken Sandwich **Breaded Chicken Patty**

Chicken Mashed Potato Bowl

Beef Burger Chicken Nuggets/Roll Hot Dog Breaded Chicken Patty

Main Course Breakfast Bar

Asian Fusion Bar

Nachos Bar

Pittsburgh Pierogi and Sandwich Bar

Pasta Bar



Tater Tots Green Beans French Fries

Steamed Broccoli Corn

Tater Tots

French Fries

Black Beans

Hash Brown Sliced Carrots

Take

Fresh Fruit & Vegetables

Side Salad **Baby Carrots** Broccoli Florets Diced Peaches

Fresh Fruit & Vegetables

Side Salad Broccoli Florets Red Pepper Strips Applesauce

Fresh Fruit & Vegetables

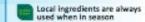
Side Salad **Baby Carrots** Cucumbers Grapes

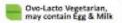
Fresh Fruit & Vegetables

Side Salad Celery Sticks Grape Tomatoes Pineapple Tidbits Fresh Fruit & Vegetables

Side Salad Baby Carrots Cucumbers Mandarin Oranges

Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads







October 15th- October 19th 2018



MTO Deli Panini Salads Grilled Cheese MTO Deli Panini Salads Grilled Cheese MTO Deli Panini Salads Grilled Cheese MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese



Buffalo Chicken Pizza

Cheese Pizza Pepperoni Pizza White Pizza Featured Item: Shrimp Popper Basket w/ Breadstick

White Pizza

Cheese Pizza Pepperoni Pizza Featured Item: Boneless Wings

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: White
Cheese, Sausage & Herb

White Pizza

Cheese Pizza Pepperoni Pizza Featured Item: Pepperoni Roll

Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Boneless
Wings



Grilled Cheese w/ Soup

Beef Burger Chicken Nuggets/Roll Breaded/Spicy Chicken Patty

Ranch Chicken Flatbread

Beef Burger Bacon Cheeseburger Chicken Nuggets/Roll Breaded Chicken Patty

Corn Dogs

Beef Burger Chicken Nuggets/Roll Breaded/Spicy Chicken Patty

Steak n Cheese Bagel Melt

Beef Burger Chicken Nuggets/Roll Grilled Chicken Sandwich Breaded Chicken Patty

Chicken Tenders w/ Rice

Beef Burger Chicken Nuggets/Roll Hot Dog Breaded Chicken Patty

Main Course **Double Dog Bar**

Asian Fusion Bar

Nachos Bar

Pittsburgh Pierogi and Sandwich Bar

Pasta Bar



Tater Tots Baked Beans

French Fries

Steamed Broccoli

Tater Tots Corn French Fries

Cauliflower

Hash Brown Sliced Carrots

Take

3

Fresh Fruit & Vegetables

Side Salad Baby Carrots Broccoli Florets Diced Peaches

Fresh Fruit & Vegetables

Side Salad Broccoli Florets Red Pepper Strips Applesauce

Fresh Fruit & Vegetables

Side Salad Baby Carrots Cucumbers Grapes

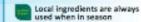
Fresh Fruit & Vegetables

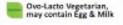
Side Salad Celery Sticks Grape Tomatoes Pineapple Tidbits

Fresh Fruit & Vegetables

Side Salad Baby Carrots Cucumbers Mandarin Oranges

Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads







October 22nd- October 26th 2018



MTO Deli **Panini** Salads **Grilled Cheese** MTO Deli Panini Salads **Grilled Cheese** MTO Deli Panini Salads **Grilled Cheese** No School

No School



Buffalo Chicken Pizza

Pepperoni Pizza White Pizza Featured Item: Quesadilla White Pizza

Cheese Pizza Pepperoni Pizza Featured Item: Boneless Wings

White Pizza

Cheese Pizza Pepperoni Pizza Featured Item: Ranch Chicken Club Pizza

No School

No School



Grilled Chicken Club

Beef Burger Chicken Nuggets/Roll Breaded/Spicy Chicken **Gyro Sandwich**

Beef Burger Bacon Cheeseburger Chicken Nuggets/Roll **Breaded Chicken Patty** **Buffalo Chicken Flatbread**

Beef Burger Chicken Nuggets/Roll Breaded/Spicy Chicken Patty

No School

No School

Main Course **Breakfast Bar**

Asian Fusion Bar

Nachos Bar

No School

No School



Tater Tots Sliced Carrots French Fries Green Peas

Tater Tots Corn

No School

No School

Take

Fresh Fruit & Vegetables

Side Salad **Baby Carrots** Broccoli Florets Diced Peaches

Fresh Fruit & Vegetables

Side Salad Broccoli Florets Red Pepper Strips Applesauce

Fresh Fruit & Vegetables

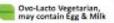
Side Salad **Baby Carrots** Cucumbers Grapes

No School

No School

Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads

Local ingredients are always used when in season



This institution is an equal opportunity provider.

We are looking for Cafeteria **Substitute Workers! Please contact** Food Service @ 724-941-6251 x 7226



October 29th- November 2nd 2018



MTO Deli **Panini** Salads **Grilled Cheese** MTO Deli Panini Salads **Grilled Cheese** MTO Deli Panini Salads **Grilled Cheese** MTO Deli Panini Salads **Grilled Cheese**

MTO Deli Panini Salads **Grilled Cheese**



Buffalo Chicken Pizza

Cheese Pizza Pepperoni Pizza Featured Item: Deep Dish

White Pizza

Cheese Pizza Pepperoni Pizza Featured Item: Boneless Winas

White Pizza

Cheese Pizza Pepperoni Pizza Featured Item: Ranch Chicken Club Pizza

White Pizza

Cheese Pizza Pepperoni Pizza Featured Item: Pepperoni

Buffalo Chicken Pizza

Cheese Pizza Pepperoni Pizza White Pizza Featured Item: Boneless Wings



Breaded Drumstick

Beef Burger Chicken Nuggets/Roll Breaded/Spicy Chicken

Cheese Pizza Sticks

Beef Burger Chicken Nuggets/Roll Breaded Chicken Patty Bacon Cheeseburger

Buffalo Chicken Flatbread

Beef Burger Chicken Nuggets/Roll Breaded/Spicy Chicken Patty

Pork BBQ Sandwich

Beef Burger Chicken Nuggets/Roll Grilled Chicken Sandwich Breaded Chicken Patty

Chicken Mashed Potato Bowl

Beef Burger Chicken Nuggets/Roll Hot Dog Breaded Chicken Patty

Main Course Breakfast Bar

Asian Fusion Bar

Nachos Bar

Pittsburgh Pierogi and Sandwich Bar

Pasta Bar



Tater Tots Green Beans French Fries

Sliced Carrots

Tater Tots Corn

French Fries

Baked Beans

Hash Brown Steamed Broccoli

Take

Fresh Fruit & Vegetables

Side Salad **Baby Carrots** Broccoli Florets Diced Peaches

Fresh Fruit & Vegetables

Side Salad Broccoli Florets Red Pepper Strips Applesauce

Fresh Fruit & Vegetables

Side Salad **Baby Carrots** Cucumbers Grapes

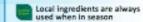
Fresh Fruit & Vegetables

Side Salad Celery Sticks **Grape Tomatoes** Pineapple Tidbits

Fresh Fruit & Vegetables

Side Salad **Baby Carrots** Cucumbers Mandarin Oranges

Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads





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