

High School Lunch Menu

October 1st- October 5th 2018



MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese



Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Shrimp
Popper Basket w/ Breadstick

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Boneless
Wings

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: White
Cheese, Sausage & Herb
Pizza

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Quesadilla

Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Boneless
Wings



Grilled Cheese w/ Soup

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken
Patty

Gyro Sandwich

Beef Burger
Bacon Cheeseburger
Chicken Nuggets/Roll
Breaded Chicken
Patty

Farm House Chicken Sandwich

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken
Patty

Meatball Sub

Beef Burger
Chicken Nuggets/Roll
Grilled Chicken Sandwich
Breaded Chicken Patty

Chicken Tenders w/ Rice

Beef Burger
Chicken Nuggets/Roll
Hot Dog
Breaded Chicken Patty

Main Course

Double Dog Bar

Asian Fusion Bar

Nachos Bar

Pittsburgh Pierogi and Sandwich Bar

Pasta Bar



Tater Tots Sliced Carrots

French Fries Green Peas

Tater Tots Pinto Beans

French Fries Cauliflower

Hash Brown Steamed Broccoli

Take 3

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Broccoli Florets
Diced Peaches

Fresh Fruit & Vegetables

Side Salad
Snap Peas
Red Pepper Strips
Applesauce

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Cucumbers
Grapes/Watermelon

Fresh Fruit & Vegetables

Side Salad
Celery Sticks
Grape Tomatoes
Pineapple Tidbits

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Cucumbers
Fresh Kiwi/Mandarin
Oranges

Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads

Local Ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

High School Lunch Menu

October 8th- October 12th 2018



MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese



Buffalo Chicken Pizza
Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Deep Dish Pizza

White Pizza
Cheese Pizza
Pepperoni Pizza
Featured Item: Boneless Wings

White Pizza
Cheese Pizza
Pepperoni Pizza
Featured Item: Ranch Chicken Club Pizza

White Pizza
Cheese Pizza
Pepperoni Pizza
Featured Item: Meatball Calzone

Buffalo Chicken Pizza
Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Boneless Wings



Breaded Drumstick
Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

Cheese Pizza Sticks
Beef Burger
Bacon Cheeseburger
Chicken Nuggets/Roll
Breaded Chicken Patty

Buffalo Chicken Flatbread
Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

Walking Taco
Beef Burger
Chicken Nuggets/Roll
Grilled Chicken Sandwich
Breaded Chicken Patty

Chicken Mashed Potato Bowl
Beef Burger
Chicken Nuggets/Roll
Hot Dog
Breaded Chicken Patty

Main Course

Breakfast Bar

Asian Fusion Bar

Nachos Bar

Pittsburgh Pierogi and Sandwich Bar

Pasta Bar



Tater Tots
Green Beans

French Fries
Steamed Broccoli

Tater Tots
Corn

French Fries
Black Beans

Hash Brown
Sliced Carrots

Take 3

Fresh Fruit & Vegetables
Side Salad
Baby Carrots
Broccoli Florets
Diced Peaches

Fresh Fruit & Vegetables
Side Salad
Broccoli Florets
Red Pepper Strips
Applesauce

Fresh Fruit & Vegetables
Side Salad
Baby Carrots
Cucumbers
Grapes

Fresh Fruit & Vegetables
Side Salad
Celery Sticks
Grape Tomatoes
Pineapple Tidbits

Fresh Fruit & Vegetables
Side Salad
Baby Carrots
Cucumbers
Mandarin Oranges

Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads

Local Ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

This institution is an equal opportunity provider.

We are looking for Cafeteria Substitute Workers! Please contact Food Service @ 724-941-6251 x 7226



High School Lunch Menu

October 15th- October 19th 2018



MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese



Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Shrimp Popper Basket w/ Breadstick

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Boneless Wings

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: White Cheese, Sausage & Herb Pizza

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Pepperoni Roll

Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Boneless Wings



Grilled Cheese w/ Soup

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

Ranch Chicken Flatbread

Beef Burger
Bacon Cheeseburger
Chicken Nuggets/Roll
Breaded Chicken Patty

Corn Dogs

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

Steak n Cheese Bagel Melt

Beef Burger
Chicken Nuggets/Roll
Grilled Chicken Sandwich
Breaded Chicken Patty

Chicken Tenders w/ Rice

Beef Burger
Chicken Nuggets/Roll
Hot Dog
Breaded Chicken Patty

Main Course

Double Dog Bar

Asian Fusion Bar

Nachos Bar

Pittsburgh Pierogi and Sandwich Bar

Pasta Bar



Tater Tots Baked Beans

French Fries Steamed Broccoli

Tater Tots Corn

French Fries Cauliflower

Hash Brown Sliced Carrots

Take 3

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Broccoli Florets
Diced Peaches

Fresh Fruit & Vegetables

Side Salad
Broccoli Florets
Red Pepper Strips
Applesauce

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Cucumbers
Grapes

Fresh Fruit & Vegetables

Side Salad
Celery Sticks
Grape Tomatoes
Pineapple Tidbits

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Cucumbers
Mandarin Oranges

Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads

Local Ingredients are always used when in season

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High School Lunch Menu

October 22nd- October 26th 2018



MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

No School

No School



Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Quesadilla

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Boneless Wings

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Ranch Chicken Club Pizza

No School

No School



Grilled Chicken Club Melt

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

Gyro Sandwich

Beef Burger
Bacon Cheeseburger
Chicken Nuggets/Roll
Breaded Chicken Patty

Buffalo Chicken Flatbread

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

No School

No School

Main Course

Breakfast Bar

Asian Fusion Bar

Nachos Bar

No School

No School



Tater Tots
Sliced Carrots

French Fries
Green Peas

Tater Tots
Corn

No School

No School

Take 3

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Broccoli Florets
Diced Peaches

Fresh Fruit & Vegetables

Side Salad
Broccoli Florets
Red Pepper Strips
Applesauce

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Cucumbers
Grapes

No School

No School

Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads

Local Ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

High School Lunch Menu

October 29th- November 2nd 2018



MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese

MTO Deli Panini Salads Grilled Cheese



Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Deep Dish Pizza

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Boneless Wings

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Ranch Chicken Club Pizza

White Pizza

Cheese Pizza
Pepperoni Pizza
Featured Item: Pepperoni Roll

Buffalo Chicken Pizza

Cheese Pizza
Pepperoni Pizza
White Pizza
Featured Item: Boneless Wings



Breaded Drumstick

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

Cheese Pizza Sticks

Beef Burger
Chicken Nuggets/Roll
Breaded Chicken Patty
Bacon Cheeseburger

Buffalo Chicken Flatbread

Beef Burger
Chicken Nuggets/Roll
Breaded/Spicy Chicken Patty

Pork BBQ Sandwich

Beef Burger
Chicken Nuggets/Roll
Grilled Chicken Sandwich
Breaded Chicken Patty

Chicken Mashed Potato Bowl

Beef Burger
Chicken Nuggets/Roll
Hot Dog
Breaded Chicken Patty

Main Course

Breakfast Bar

Asian Fusion Bar

Nachos Bar

Pittsburgh Pierogi and Sandwich Bar

Pasta Bar



Tater Tots
Green Beans

French Fries
Sliced Carrots

Tater Tots
Corn

French Fries
Baked Beans

Hash Brown
Steamed Broccoli

Take 3

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Broccoli Florets
Diced Peaches

Fresh Fruit & Vegetables

Side Salad
Broccoli Florets
Red Pepper Strips
Applesauce

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Cucumbers
Grapes

Fresh Fruit & Vegetables

Side Salad
Celery Sticks
Grape Tomatoes
Pineapple Tidbits

Fresh Fruit & Vegetables

Side Salad
Baby Carrots
Cucumbers
Mandarin Oranges

Other Daily Features: Yogurt Parfaits, Pudding Parfaits, Wraps, Sandwiches, Pita & Hummus and Salads

Local Ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk